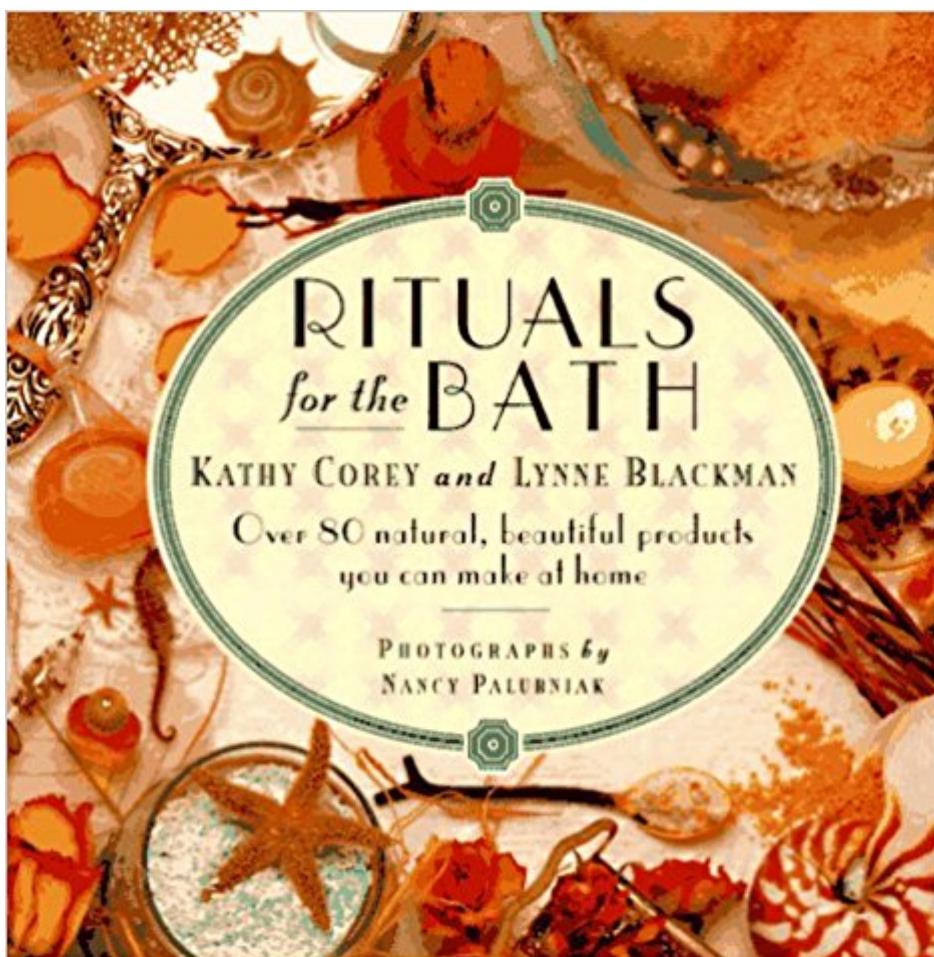


The book was found

Rituals For The Bath: From The Renaissance Women



Synopsis

With this beautifully illustrated book, readers can learn to make luxurious bath products--soothing or invigorating--from natural ingredients. Inspirational quotes, aromatherapy formulas, and suggestions for personal rituals to encourage tranquility accompany the 58 easy, inexpensive recipes for a full range of natural bath products. Color illustrations.

Book Information

Hardcover: 96 pages

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Average Customer Review: 4.8 out of 5 stars 7 customer reviews

Best Sellers Rank: #895,461 in Books (See Top 100 in Books) #34 in Books > Engineering & Transportation > Engineering > Chemical > Cosmetics #34 in Books > Health, Fitness & Dieting > Beauty, Grooming, & Style > Skin Care #5942 in Books > Science & Math > Chemistry

Customer Reviews

My go-to for bath salt recipes, not only do I make the ones in the book but I use them to come up with new recipes.

A friend recommended this book. I'm glad I took her advise. No long introduction it just gets right to the point.

Kathy and Lynne have crafted a beautiful book of practical, distinctive gifts and pleasures you can create in the tranquility of your own home. Their prose is enlivening and motivating, filled with heart-warming thoughts and unique notions. Blend equal parts of science, history, magic, and emotion, bake with passion, and see the results! I was tickled by their essential oil blends and keep a vial of Neroli perfume in my purse. Now, I am unique. And I didn't stop there, I have an entire bathroom cabinet dedicated to bath oils, massage oils, bath salts, and body lotions I have created from recipes in the book. Forgot a birthday? No worry and no need to run to the store, I reach into my cabinet and give a gift worth remembering every time. I have enjoyed everything about this book

and think you will too. Good crafting!

I discovered my Winter 1998 Better Homes and Gardens (Bedroom & Bath) issue a few recipes from both the A Place to Dream and Rituals for the Bath. I knew from just reading them I had everything in my home. I tried them and went crazy making them for all my family and friends. It is so terrible easy and due to my hectic work schedule anything easy is a blessing. I have turned other co-working on to this article and they too are going wild making the bath items. Everyone who loves a touch of family gifts should try both these books

This is a beautiful book with wonderful recipes. I do have a word of warning, however. Although the authors include an aromatherapy section, they DO NOT list any safety data on the essential oils they use in their recipes. I highly recommend getting a real aromatherapy book before trying out the essential oils that they use in their recipes.

I think this book is wonderful, in this day and age when it is hard to get a moment of rest alone, Kathy and Lynne give great ideas to make those moments special. They also have an amazing stockpile of inventive gift giving ideas. I think it is a must for every woman.

Wonderful recipes, with only one caution. Women are frequently advised not to use cornstarch in bath salts and tub teas because it can cause yeast infections on wet or damp skin.

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